

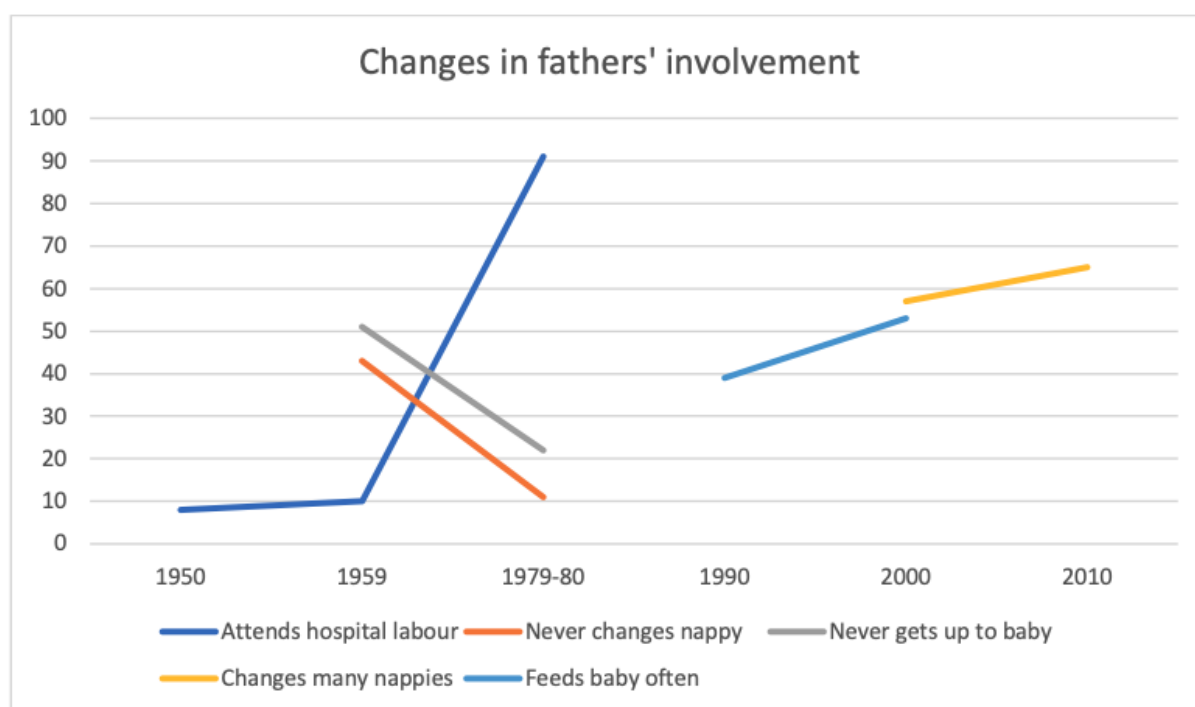
# UK fathers in their first year

## New dads are involved

Fathers' presence at their babies' birth, and involvement in routine caregiving after it, have increased enormously over the last half-century and more.

By the time their baby reaches 9 months old, a third of mothers say their partner does as much, or more, childcare as they do themselves.

Check out the graph and timeline below...



1950  
8% of fathers attend the birth

1959  
51% never get up to baby at night  
43% never change a nappy  
30% help at home after the birth

1979  
22% never get up to baby at night  
11% never change a nappy  
95% help at home after the birth

1980

91% attend the birth

1990

39% feed infant 'often' 32% bathe infant 'often'

2000

53% feed baby at least once a day 57% change baby at least once a day

2010

65% change nappies 'a great deal'

72% respond 'a great deal' to their crying babies

*These facts and insights are drawn from **Bringing Baby Home**, the Fatherhood Institute's evidence review about first-year fatherhood in the UK, funded by the Nuffield Foundation.*

*For references and to read the full report, executive summary and recommendations, visit the resources section of our website.*

*Join the Fatherhood Institute's campaign to improve support for fathers, Time with Dad [here](#)*