

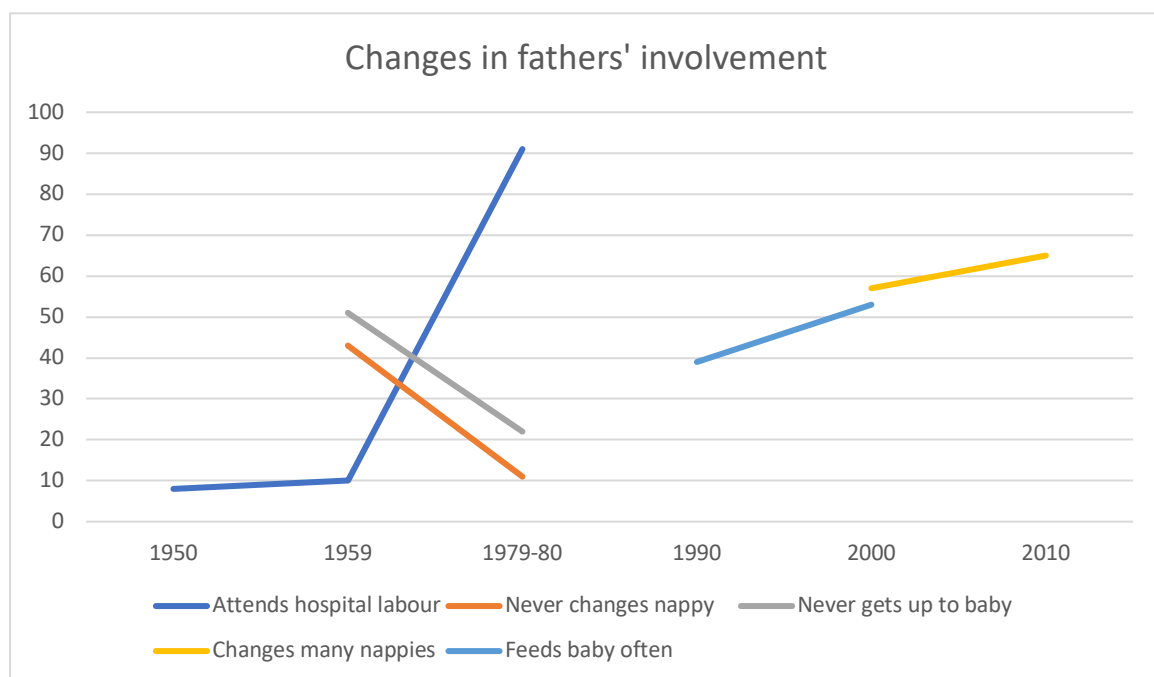
## UK fathers in their first year: Factsheet 2

### New dads are involved

Fathers' presence at their babies' birth, and involvement in routine caregiving after it, have increased enormously over the last half-century and more.

By the time their baby reaches 9 months old, a third of mothers say their partner does as much, or more, childcare as they do themselves.

Check out the graph and timeline below...



1950

8% of fathers attend the birth

1959

51% never get up to baby at night

43% never change a nappy

30% help at home after the birth

1979

22% never get up to baby at night

11% never change a nappy

95% help at home after the birth

1980

91% attend the birth

1990

39% feed infant 'often'

32% bathe infant 'often'

2000

53% feed baby at least once a day

57% change baby at least once a day

2010

65% change nappies 'a great deal'

72% respond 'a great deal' to their crying babies

*These facts and insights are drawn from **Bringing Baby Home**, the Fatherhood Institute's evidence review about first-year fatherhood in the UK, funded by the Nuffield Foundation. For references and to read the full report, executive summary and recommendations, visit <http://www.fatherhoodinstitute.org/2022/contemporary-fathers-in-the-uk/>.*

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