

Capita's 5th National Conference

Supporting Teenage Parents

Wednesday 20th October 2010 – Central London

Chair: Belinda Phipps, Chief Executive, NCT

Speakers Include:

Ruth Rothman
FNP National Unit
Department of Health

Samantha Higgins
Children's Centre Network
Manager
Kent County Council

Rob Senior
Consultant Child and
Adolescent Psychiatrist
The Tavistock and Portman
NHS Foundation Trust

Ricky Hurley
Teenage Pregnancy Midwife
Doncaster Primary Care Trust

Jo Davies
Manager
WILD Young
Parents Project

Nicola Corrigan
Young Parents Support
Coordinator
Bradford City Council



CAPITA
CONFERENCES

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The Tavistock and Portman **NHS**
NHS Foundation Trust



A Capita Conference

Supporting Teenage Parents

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Capita's 5th National Supporting Teenage Parents Conference tackles the many challenges in providing assistance and meeting the needs of young parents. Through a methodical look at service provision, this agenda gets to the heart of how we can help young families thrive and prosper in a difficult economic and social climate.

Amidst uncertainty surrounding the future of many frontline services, there is increasing pressure on local providers to maintain support for young families. In order to ensure that young people starting family life have the best possible chance to succeed, we must **learn from best practice and identify how to continue to deliver necessary support in a difficult funding environment.**

At the same time as **offering solutions to practical needs**, we must also **address preconceptions about young people** to promote more effective communication between them and service delivery agencies. This conference provides guidance on strategic and operational issues including:

- Effective engagement of young families to **make services more accessible and promote healthy lifestyles**
- **Raising aspirations amongst young parents** and providing solutions to build a fairer society with opportunities for all
- Creating a working relationship and building trust with families to make a **meaningful difference to their lives**
- Innovation in communication and multi-agency working and **effective strategies to working with families at risk**

This agenda has been developed with guidance from professionals working across a range of services for young parents and their families. Attend this timely event to learn more about how you can improve the quality and effectiveness of support for young parents.

Sponsorship and Exhibitor Opportunities

We offer a range of flexible packages which offer your organisation a platform to network and communicate with key organisations in the public sector.

For further information please contact Alice Stuart on 020 7960 7721 or email alice.stuart@capita.co.uk

About us

Capita Conferences is one of the UK's leading conference providers to the public sector. For over 15 years we have attracted diverse and cross-cutting audiences from across the police, education, central and local government, health and the voluntary sector to our events. We provide neutral forums for learning as well as excellent networking opportunities and the chance to provide feedback on policy direct to the highest levels. We pride ourselves on our thoroughly researched, incisive programmes and have secured speakers including leading politicians, Government ministers, senior civil servants, directors of charities, expert practitioners and renowned academics. We have built our reputation by working in partnership with, and on the advice of, key government departments, experts and pressure groups.

Benefits of Attending

- Find out how **effective the Family Nurse Partnership projects have been in building relationships** with young parents and how this can help improve services in other areas
- Use in-depth analysis of **young parents' aspirations and support needs** to help tailor your service offer and engage more effectively
- Take away **practical solutions to engage and communicate with young families** in order to ensure that you reach those who need them most
- Hear from an **award winning peer mentoring programme** that empowers young parents to work with each other to raise aspirations
- Find out more about how to **improve early years health by increasing the breastfeeding rate amongst teenage mothers** and promoting healthy lifestyles
- Take part in focused sessions on **working with young fathers** to help improve life chances and create opportunities for training and employment



Who Should Attend

Representatives from:

- Central and Local Government
- Local Strategic Partnerships
- Strategic Health Authorities, NHS Trusts and PCTs
- Housing Associations, RSLs and YMCAs
- Local Safeguarding Children Boards
- Connexions
- Schools
- Voluntary and Charity Sector

Including:

- Children and Young People Teams
- Teenage Pregnancy Teams
- Young Parents Teams
- Midwifery Teams
- Children's Centres Teams
- Sure Start Teams
- Community Health Teams
- Family Support Services
- Health Improvement Teams
- Health and Wellbeing Teams
- Health Visitors
- Social Workers
- Outreach Workers
- Social Inclusion Teams
- Family Nurse Partnerships
- Supporting People Teams
- Education Welfare and Reintegration Teams
- PSHE Teams
- Healthy Schools and School Nurses
- YOTs, DAAT Teams
- Sexual Health Support Services

Forthcoming Events for 2010

Children Leaving Care – 30th September – Central London

Not in Education, Employment or Training (NEET)

11th October – Central London

Welfare Reform – 21st October – Central London

Capita's event management service

Our event management service offers you the opportunity to tap into the resources and skills of a renowned market leader in the UK conference business. With ten years event management experience, we have a proven track record in co-ordinating a diverse range of events, from breakfast seminars to large-scale national policy conferences. Whether you require a complete package or selected aspects, Capita will tailor its services to meet your organisation's specific requirements. Contact Liz Brownbill on 020 7227 6569 or email liz.brownbill@capita.co.uk

CPD

To receive your certificate of attendance for CPD points please email capita.conferences@capita.co.uk quoting your name, booking reference number and the title of the event.

Programme

09.20 Registration, Tea and Coffee

09.50 Chair's Opening Remarks

Belinda Phipps, Chief Executive, NCT

10.00 Family Nurse Partnerships – Evaluating Effectiveness and Identifying Improvements

- Measuring success and improving outcomes for young people
- Evidencing benefits of the project
- The profile of the young women most likely to engage with and stay with the programme
- Success of work with partners and family members

Ruth Rothman, FNP National Unit
Department of Health

10.25 Questions and Discussion

10.30 Improving Access to Support for Young Parents

- How to engage parents to increase take up of training, education and other key services
- Promoting parenting and life skills
- Developing a model to deliver the young parents' offer

Samantha Higgins, Children's Centre Network Manager
Kent County Council

10.50 Tapping into the Benefits of Peer Mentoring for Better Communication

- Empowering young people to work with other young people
- Encouraging positive life choices
- Promoting self reliance for long term benefits

Jo Davies, Manager
WILD Young Parents Project

11.10 Session Questions and Discussion

11.20 Tea and Coffee

11.40 Tackling Social Disadvantage Amongst Teenage Parents

- Challenging negative stereotypes around young parents
- Research evidence on teenage parenting and the divergence with policy assumptions and goals
- The experiences of teenage parents

Simon Duncan, Professor of Comparative Social Policy
University of Bradford

12.10 Questions and Discussion

Improving Health and Wellbeing

12.15 Promoting Positive Health Choices and Cutting Risk-Taking Behaviour

- Eliminating alcohol, tobacco and substance misuse
- Navigating the range of messages
- Preventing second unplanned pregnancies
- Initiating breastfeeding and improving health in pregnancy

Rosie Hughes, Young Parents Programme Coordinator
YMCA Training and
Ricky Hurley, Teenage Pregnancy Midwife
Doncaster Primary Care Trust

12.40 Ensuring the Emotional Wellbeing of Young Parents and Families

- Preparing young people for the challenges of parenthood
- Working with highly vulnerable groups
- Supporting parents through the first year

Rob Senior, Consultant Child and Adolescent Psychiatrist
The Tavistock and Portman NHS Foundation Trust

13.05 Session Questions and Discussion

13.15 Lunch

DELEGATES CHOOSE TO ATTEND ONE OF THE FOLLOWING STREAM SESSIONS

Stream A – Raising Aspirations and Employment Opportunities

14.15 Effective Strategies for Working with Young Fathers

- Support, information and advice to young fathers
- Addressing different aspects of fatherhood including relationship support
- Securing funding for future service delivery

Darren Boyle
Project Co-ordinator
'Da' – Young Fathers Project

14.45 Questions and Discussion

14.55 Improving Life Chances for Young Parents

- Addressing the issue of self-esteem
- Developing achievable objectives for young parents who are NEET
- Overcoming funding and other practical barriers
- Supporting a return to training and sustainable employment

Penny Mackay
E2E Coordinator
Sussex Downs College

15.25 Questions and Discussion

15.35 Close of Conference

Stream B – Early Intervention with Vulnerable Families

14.15 Supporting the Transition to Parenthood

- Addressing the issue of young parents' low personal capacity to increase engagement with services
- Building confidence in young parents to combat negative messages
- Sustaining engagement with services to help achieve longer term aspirations

Nicola Corrigan, Young Parents Support Coordinator
Bradford City Council

14.45 Questions and Discussion

14.55 Working with Vulnerable and At-Risk Families

- An outcome driven approach: identifying risk and strategies for early intervention
- A whole family approach to engagement to address key issues including domestic violence and anti-social behaviour
- Co-ordinating services and available skills to make positive changes

Natasha Atkinson, Senior Practitioner
Nottingham Family Intervention Project

15.25 Questions and Discussion

15.35 Close of Conference

Booking Form

Supporting Teenage Parents

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BOOKING REF CODE: EMMK

DELEGATE DETAILS (Please use BLOCK CAPITALS and complete in full)

Correspondence address

Organisation
Address
Post code

Invoice address (if different from above)

Surname	Title
Forename	
Job Title	
Department	
Organisation	
Address	
Post code	
Telephone	


1st Delegate

Surname	Title
Forename	
Job Title	
Department	
Organisation	
Email	
Telephone	
Fax	
Dietary/Access requirements	


2nd Delegate

Surname	Title
Forename	
Job Title	
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Easy ways to book

 FAX your completed form to 0870 165 8989

 EMAIL conference.events@capita.co.uk

 POST your completed form to: Capita Conferences Administration, Ground Floor, 17-19 Rochester Row, London, SW1P 1LA

 ENQUIRIES 0870 400 1020

****Book a 3rd delegate @ 1/2 price**
This offer may not be used in conjunction with other discounts

Payment details

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Public Sector (non Central Govt) @ £350.00 plus VAT No. of delegates

Central Govt and Agencies @ £445.00 plus VAT No. of delegates

Private Sector @ £545.00 plus VAT No. of delegates

**Concessionary Discount @ £225.00 plus VAT No. of delegates

** Charities registered with the Charity Commission, Tenant Groups, Patient Groups and Older People's Forums are eligible for this discount.

Charity Commission Registration No.

Please indicate which Stream you would like to attend Stream A Stream B

TOTAL NUMBER OF DELEGATES

TOTAL COST £

Cheque enclosed

Please invoice me

Your Purchase order/Reference number

Please note that we will issue an invoice upon receipt of booking. We cannot apply numbers at a later date.

Credit/Debit card payments - **On receipt of your invoice**

Call our credit card hotline 0870 160 7630

or make an online payment at: www.capitafinance.co.uk

I have read the terms and conditions and understand the cancellation policy.

Signature

Documentation*

If you are unable to attend the event but would like to receive the supporting documentation, this can be supplied as either a hard copy (by post) or a PDF file (supplied by email). Please post or fax this form with contact, address and payment details

Please send me	<input type="checkbox"/>	PDF @ £95 - plus VAT	NB: Documentation will be sent out after the event
	<input type="checkbox"/>	Paper @ £95 - VAT not applicable	

Methods of payment

All payments must be received before the Conference date.

By Cheque: Payable to **CAPITA BUSINESS SERVICES LTD.**

Please ensure delegate name(s), organisation and invoice number are written on the back.

By BACS: Bank: Barclays Bank Plc. Sort Code: 20-67-59. Account No: 60864978. Account Name: Capita Business Services Ltd. BACS remittance forms required as payment confirmation.

By Credit/Debit card: On receipt of your invoice – Call our credit card hotline 0870 160 7630 or make an online payment at: www.capitafinance.co.uk

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Hotel accommodation

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Documentation

*Invoices issued after the event when order processed. Payment by credit/debit card or BACS can be made upon receipt of invoice. If paying by cheque, invoice will act as a receipt.

Discounts

**Special offers may not be used in conjunction with other discounts.

Terms & conditions

Venue and registration details will be sent within 14 days of the event date. We cannot be held responsible for non arrival of this information, if you have not received within 7 days of the event date, please call us on 0870 400 1020.

Cancellations confirmed in writing 14 days before the conference date will be refunded, minus an administration fee of £50.

We regret that no refund can be made after that date, although substitutions can be made at any time.

Capita are not able to offer refunds for cancellations arising from events outside of our control.

Programme Amendments: Capita reserves the right to alter the programme or venue without notice due to unforeseen circumstances.

Data protection

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