

**cpd**

continuing  
professional  
development

The Tavistock and Portman **NHS**  
NHS Foundation Trust

**CPD PROGRAMME 2008 | 2009**

---

**ENGAGING BME AND  
REFUGEE COMMUNITIES:  
ACHIEVING EFFECTIVE CROSS-CULTURAL COMMUNITY  
LIAISON AND COLLABORATION**

---

January - March 2009

---

**Fee £375**

---

In the NHS and social care settings, the most deprived and vulnerable clients come from a variety of social, cultural and racial backgrounds, and communities, health and social care professionals need to take this diversity into account in order to deliver the best services to all. Families and communities play important roles in partnership with health and social care professionals and these professionals need to be able to appreciate and develop this collaboration. Similarly, in times of social change and global population movement, health and social care professionals are required to be able to engage with and understand patients from backgrounds very different from their own and about which they have very little experience and understanding. Clinicians therefore need to develop skill capacities both for clinical cross-cultural communication and for cross-cultural community liaison and collaboration.

This is a new ten week course offering the opportunity to reflect on good practice examples of work developed over recent years by mental health practitioners from a range of ethnic backgrounds and theoretical orientations. They will share their experiences engaging with different African, Middle Eastern, East European and Asian communities, including refugees and asylum seekers and help participants apply these ideas to their own practice.

#### FURTHER INFORMATION

Conference, Events and Marketing Unit  
The Tavistock Centre, 120 Belsize Lane  
London NW3 5BA

#### TELEPHONE

020 8938 2548

#### FAX

020 7447 3837

#### EMAIL

events@tavi-port.org

#### WEBSITE

www.tavi-port.org/training

#### AIMS

---

The course aims to heighten participants' sensitivity to, and understanding of, a range of subjects including:

- Working effectively with different minority communities
- How to collaborate with cultural consultants
- How to work across language barriers
- Identifying risk in cultural contexts and debunking myths in relation to 'acceptable' behaviour
- Making use of relevant research findings in relation to BME work
- Improving the quality of multi-agency work in cross-cultural contexts
- Models of community empowerment
- Taking account of the impact of traumatic separations and/or violence and forced migration on the emotional well-being of refugee and asylum seeking families

#### OBJECTIVES

---

The key objective is to disseminate good practice through the sharing of knowledge, skills and experience about working with different BME and Refugee communities. The course will draw on the work of different innovative projects with diverse local ethnic groups conducted by the Tavistock Clinic over the last few years, including people from Somalia, Bangladesh, Kosovo, Iran and the Congo.

The course will provide an opportunity for the enhancement of engagement and communication skills and the heightening of participants' sensitivity to, and understanding of, cross-cultural issues.

#### TIME AND DATE

---

Mondays, 3.15 - 5.30pm

19, 26 January 2009  
2, 9, 16, 23 February 2009  
2, 9, 16, 23, March 2009

#### STAFF

---

Presenters on the course include psychotherapists, researchers and specialist BME community mental health workers, including Fadumo Osman Ahmed, David Amias, Sumita Dutta, Maureen Fox, Karen Jacob, Wilma Mangabeira, Zuhura Mahamed and Reenee Singh from The Tavistock and Portman NHS Foundation Trust.

#### COURSE STRUCTURE

---

Each session will consist of a presentation followed by discussion of case material and agency issues in relation to cross cultural working. Participants are expected to act as delegates for their teams.

At the start of the course the convenor will gather information about participants' work contexts in order to consider particular issues faced by teams in relation to working with BME and refugee communities to address the needs of each agency and help disseminate the learning as widely as possible. At the end of the course feedback on effectiveness will be invited from participants' teams as well as participants themselves.

#### FURTHER DETAILS

---

For an informal chat about the course, please contact the course convenor:

David Amias, *Consultant Systemic Psychotherapist, The Tavistock and Portman NHS Foundation Trust*

020 7435 7111  
damias@tavi-port.nhs.uk

Other courses within our portfolio of cultural competency training, include:

*'Developing Clinical Cultural Competence in Professional Teams Working with Children and Young People'*

and

*'Working with Black and Minority Ethnic Children, Adolescents and Families in CAMHS'*

For details please contact:

Vicky Harrison  
events@tavi-port.org  
020 898 2548

# CPD APPLICATION FORM

## ENGAGING BME AND REFUGEE COMMUNITIES: ACHIEVING EFFECTIVE CROSS-CULTURAL COMMUNITY LIAISON AND COLLABORATION (CPD16)

January - March 2008

Fee: £375

### PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

### PAYMENT DETAILS

I enclose a cheque for £375 made payable to The Tavistock and Portman NHS Trust

Please invoice my organisation for £375  
(please read Payment Terms)

Please debit my Credit/Debit Card for £375

Visa / MasterCard / Switch/Maestro / Delta  
(Delete as appropriate)

Card Number

Expiry date

Issue No/Start Date  
(Switch/Maestro only)

Security code  
(Last 3 numbers on the back of the card)

### WHERE DID YOU HEAR ABOUT THIS COURSE?

Flier  
 Email  
 Advert (please state)

Trust website  
 Other website (please state)

Flier passed on by colleague  
 Personal Recommendation  
 Tavistock event/notice board  
 Other events (please state)  
 None of the above

### TERMS AND CONDITIONS

#### HOW TO BOOK

- Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)
- Return the completed form and payment to the address below

#### PAYMENT TERMS

- Payment must be made in full and before the event
- Payment can be made by cheque or credit card, receipts will be issued
- Payment can also be made by BACS transfer, please contact the Conference Unit for details
- Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork
- Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

#### CONFIRMATION

- Bookings will be confirmed on receipt of a completed application form and full payment of the course fee
- Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

#### CANCELLATION POLICY

- All cancellations must be made in writing to the address below
- All cancellations are subject to an administration charge of 10% of the course fee
- Cancellations made no later than 14 days prior to the course are eligible for a full refund minus the administration charge
- No refunds will be given for cancellations made within 14 days of the course date

The Trust reserves the right to alter or cancel any event due to unforeseen circumstances.

#### DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box

#### FURTHER INFORMATION

Conference, Events and Marketing Unit, Tavistock Centre, 120 Belsize Lane, London NW3 5BA

#### TELEPHONE

+44 (0)20 8938 2548

#### FAX

+44 (0)20 7447 3837

#### EMAIL

events@tavi-port.org

#### WEBSITE

www.tavi-port.org/training